

# LONG NIGHT AGAINST PROCRASTINATION



**RDC  
Library**

**Drop-in services:**

- research help
- citation help
- writing help
- tech help
- subject tutors

**Wed. Nov. 25  
9 PM  
to  
Thu., Nov. 26  
1 AM**

Get together and get it done! RDC Library is pleased to host a Long Night Against Procrastination, a nation-wide "study blitz" that provides supported after-hours study space, services, and stress relief. Light refreshments provided. Questions? Call 403.342.3344.



# CANADIAN WRITING CENTRES ASSOCIATION / L'ASSOCIATION CANADIENNE DES CENTRES DE RÉDACTION

---

[ABOUT](#)

[ARCHIVES](#)

[COMMUNITY OF PRACTICE](#)

[MEMBERSHIP](#)

[PAST CONFERENCES](#)

[SPECIAL INT](#)

---

## INVITATION TO PARTICIPATE: NATIONWIDE LONG NIGHT AGAINST PROCRASTINATION

June 20, 2014 · by Canadian Writing Centres Association · in *Uncategorized* · 3 Comments

Mark your calendars for **Canada's inaugural cross-country Long Night Against Procrastination (LNAP)!**

# Over 500 UAlberta students turn out to Long Night Against Procrastination

LNAP a rousing success; UAlberta's Rutherford Library bursting with laptops, books, pillows and papers overnight

By Angelique Rodrigues on November 7, 2014

Over 500 students spent the night writing, editing and catching up on projects in UAlberta's Rutherford Library for the Centre for Writers' inaugural Long Night Against Procrastination.

The free, overnight event was held from 8 p.m. Thursday, Nov. 6 to 8 a.m. Friday, Nov. 7, and organizers were surprised and happy with the high turnout.

"It was incredible how many students we had," said Lucie Moussu, director of the Centre for Writers, on Friday morning. "We asked students to fill out a form and that's how we realized we had over 500."

The night was a long one, but organizers filled the time with writing workshops, one-on-one tutoring sessions, creative breaks and lectures on writing strategies.



Of the 500 UAlberta students who attended the Long Night Against Procrastination, around 100 students were still hard at work at 6:30 a.m. Friday.

Share this story



Related links

[LNAP supporters](#)

[Preview story on Facebook](#)

[Centre for Writers' website](#)

Top stories from

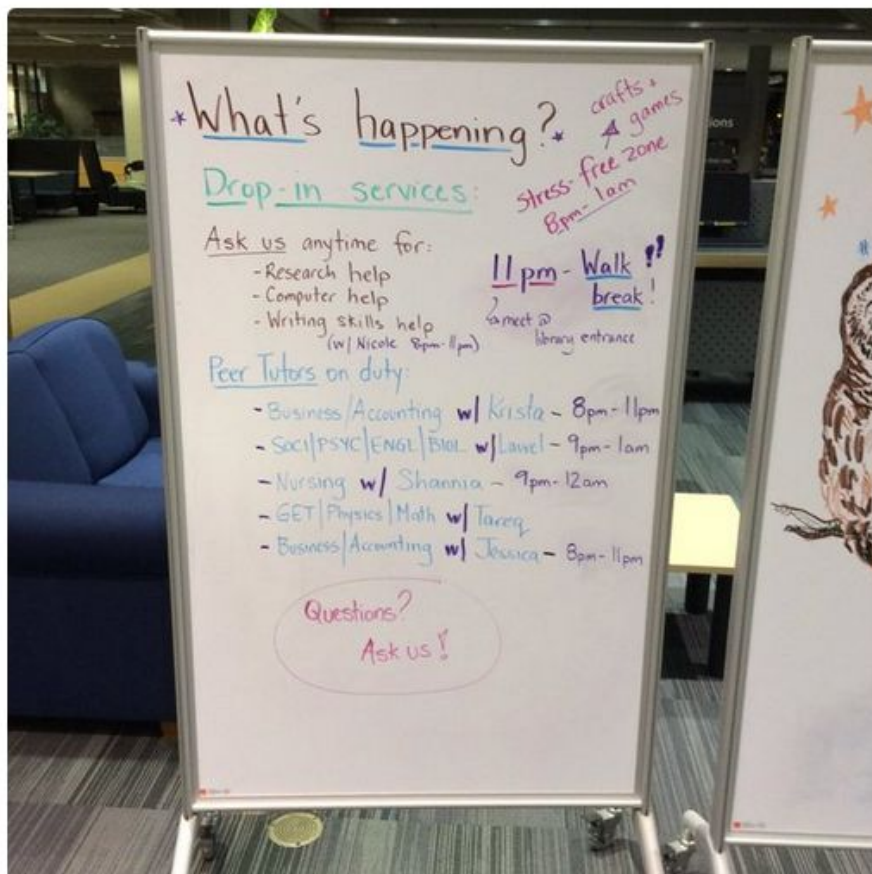
[Pride Tape scores](#)  
short





RDC Library @rdclibrary · Nov 25

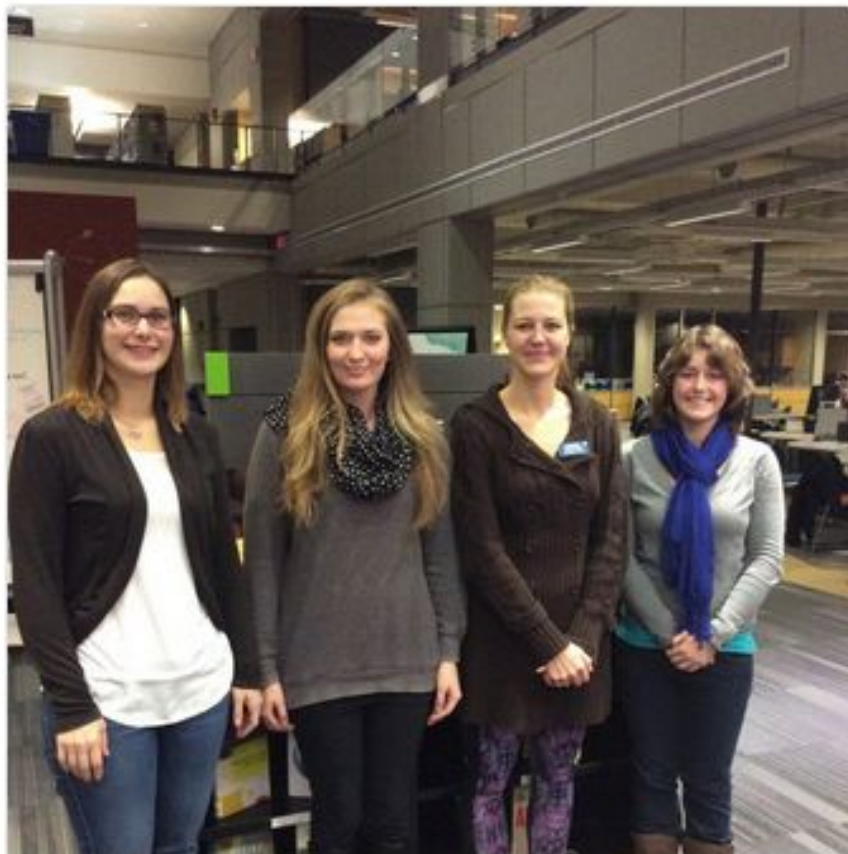
## The line-up of the library's #LNAP2015 activities! #myRDC





RDC Library @rdclibrary · 25 Nov 2015

Peer tutors are standing by to help!  
Accounting. Nursing. Education. English.  
Sociology. #LNAP2015 #MyRDC





RDC Library @rdclibrary · Nov 25

The guy? Is staying at Red Deer College library 'til 1am! He's got an essay to "CRUSH" [#LNAP2015](#) [#myRDC](#)

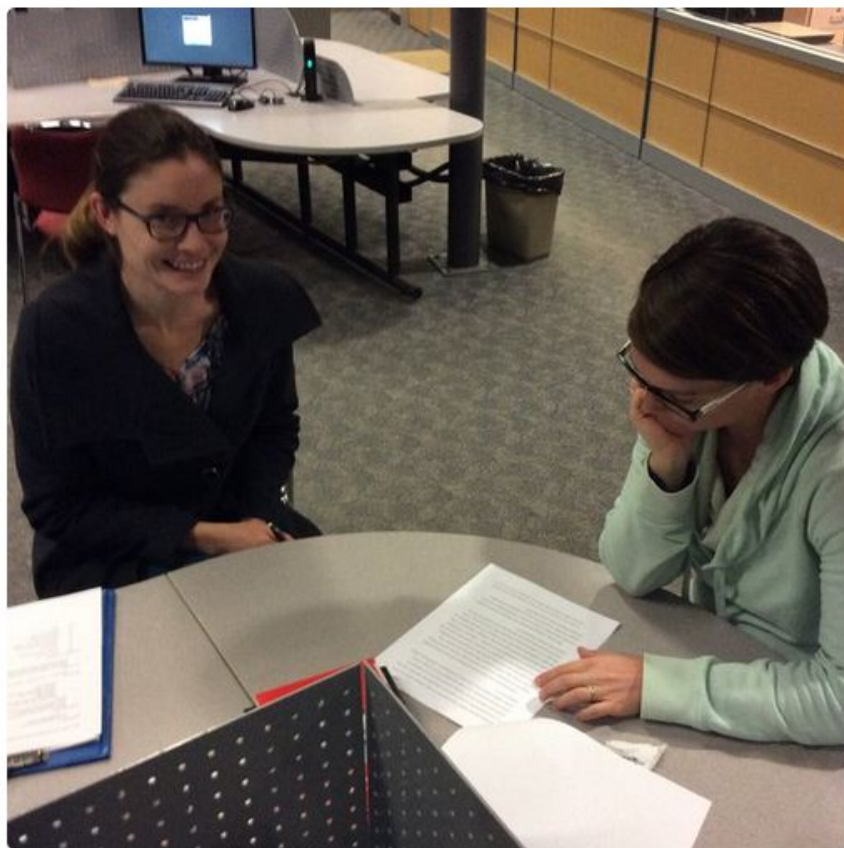




RDC Library @rdclibrary · Nov 25

Need help with academic writing? The library has you covered tonight!

[#LNAP2015](#) [#MyRDC](#)



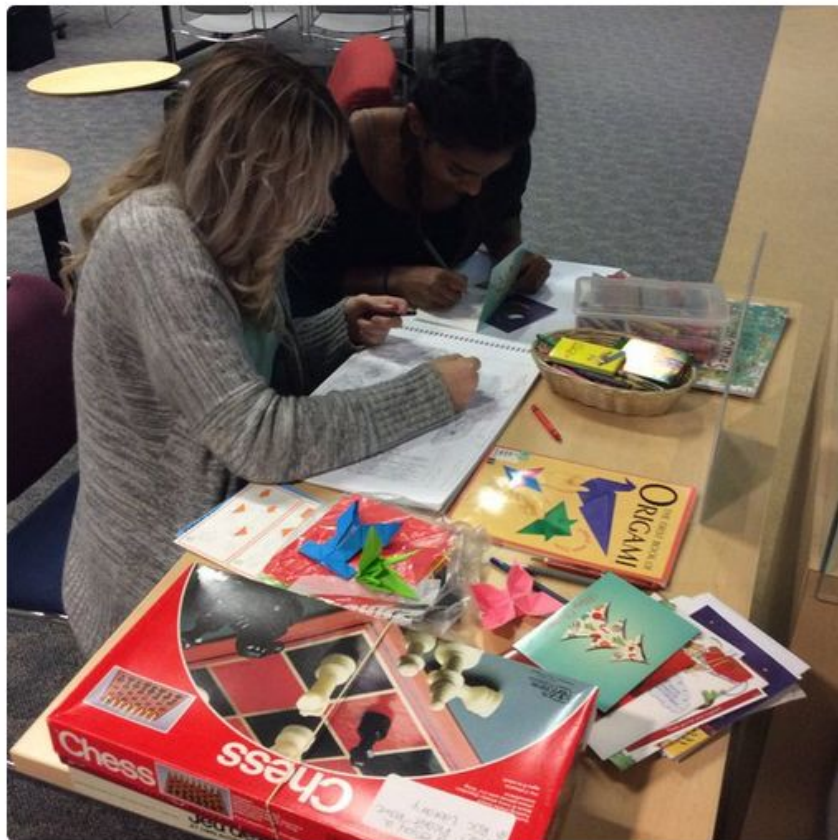




RDC Library @rdclibrary · Nov 25

Games and crafts by the photocopiers,  
people! Grab a coffee while you're there.

[#LNAP2015](#) [#MyRDC](#)

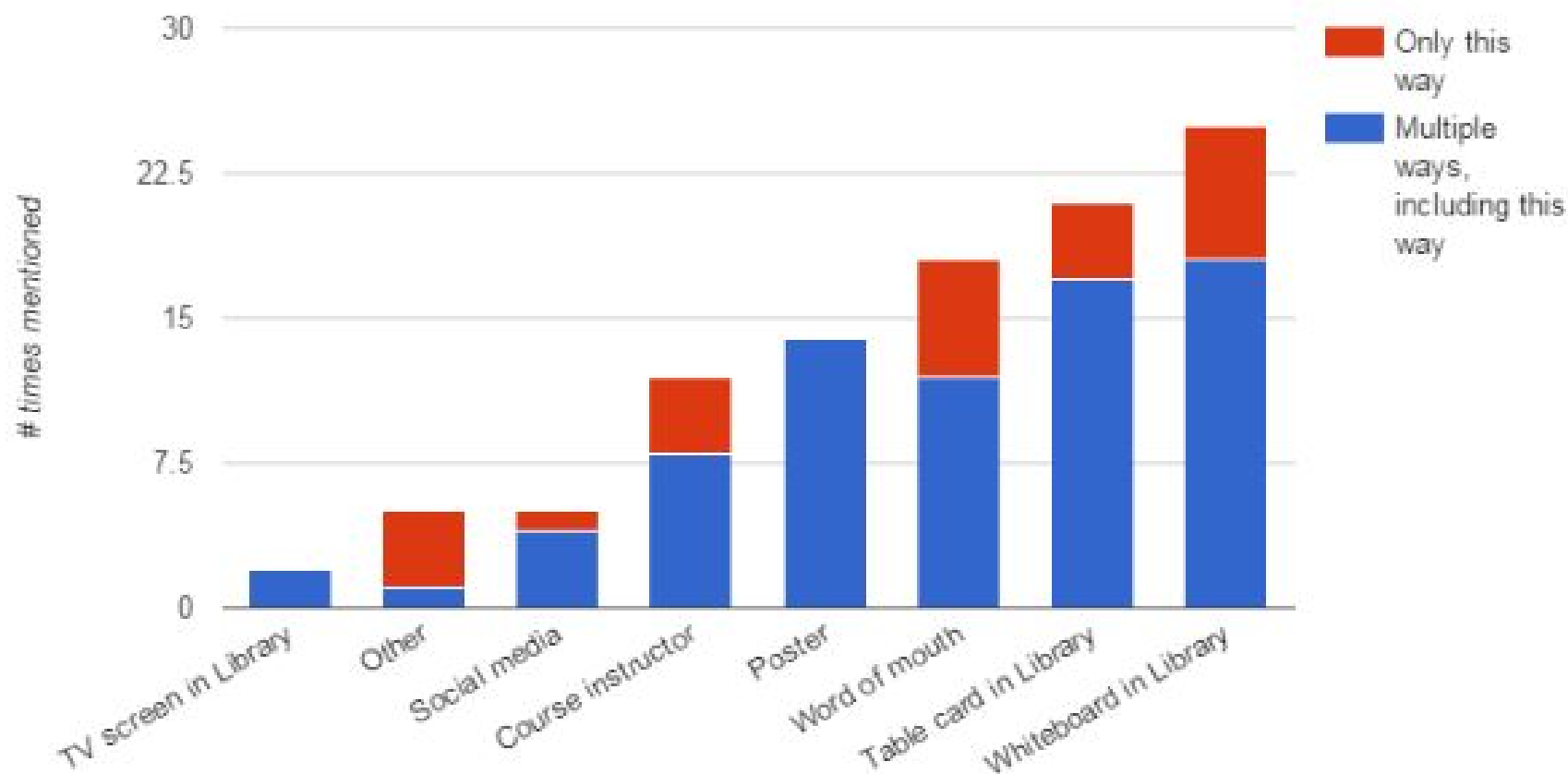




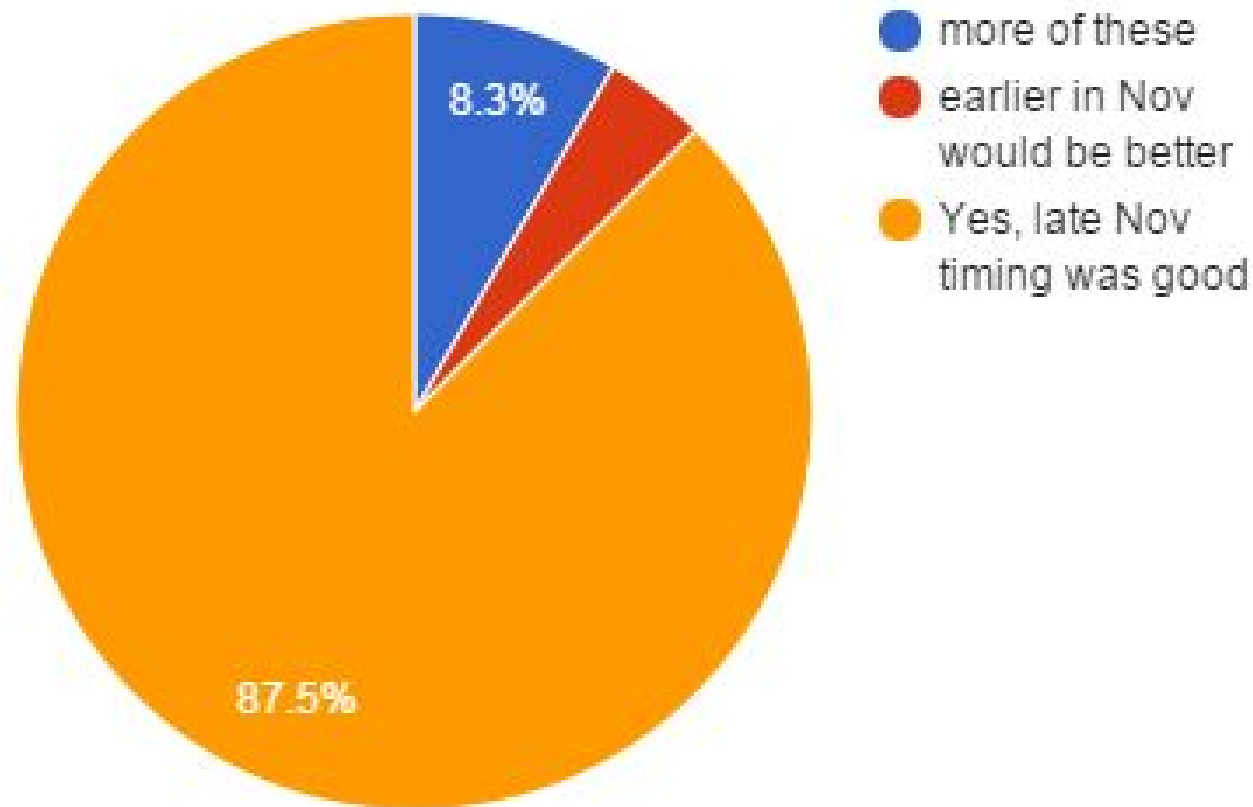
Head counts during LNAP:

11/25/2015 4:20 PM	193
11/25/2015 5:16 PM	154
11/25/2015 7:14 PM	132
11/25/2015 8:14 PM	129
11/25/2015 9:26 PM	154
11/25/2015 11:25 PM	138
11/26/2015 12:31 AM	79

### Q.1. How did you find out about LNAP?

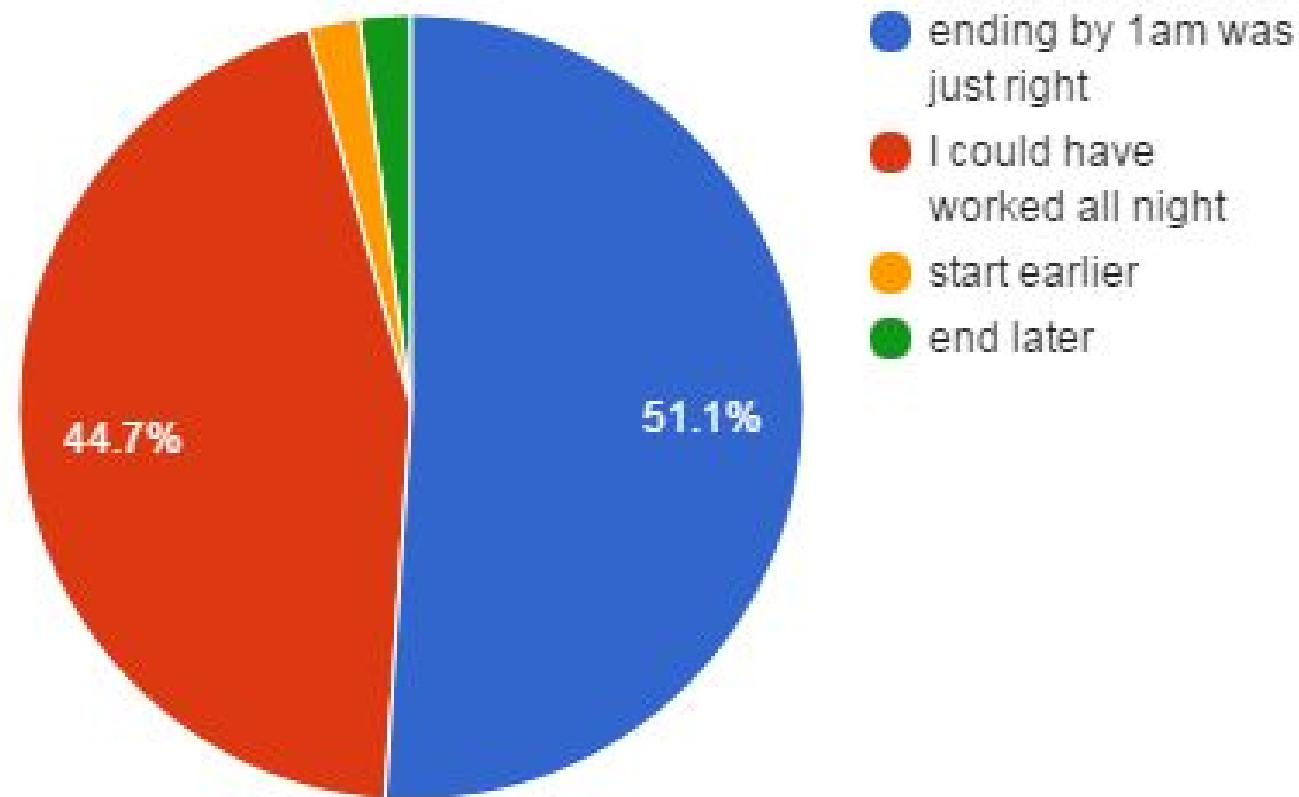


Q.2. Did the timing within the term work for you?

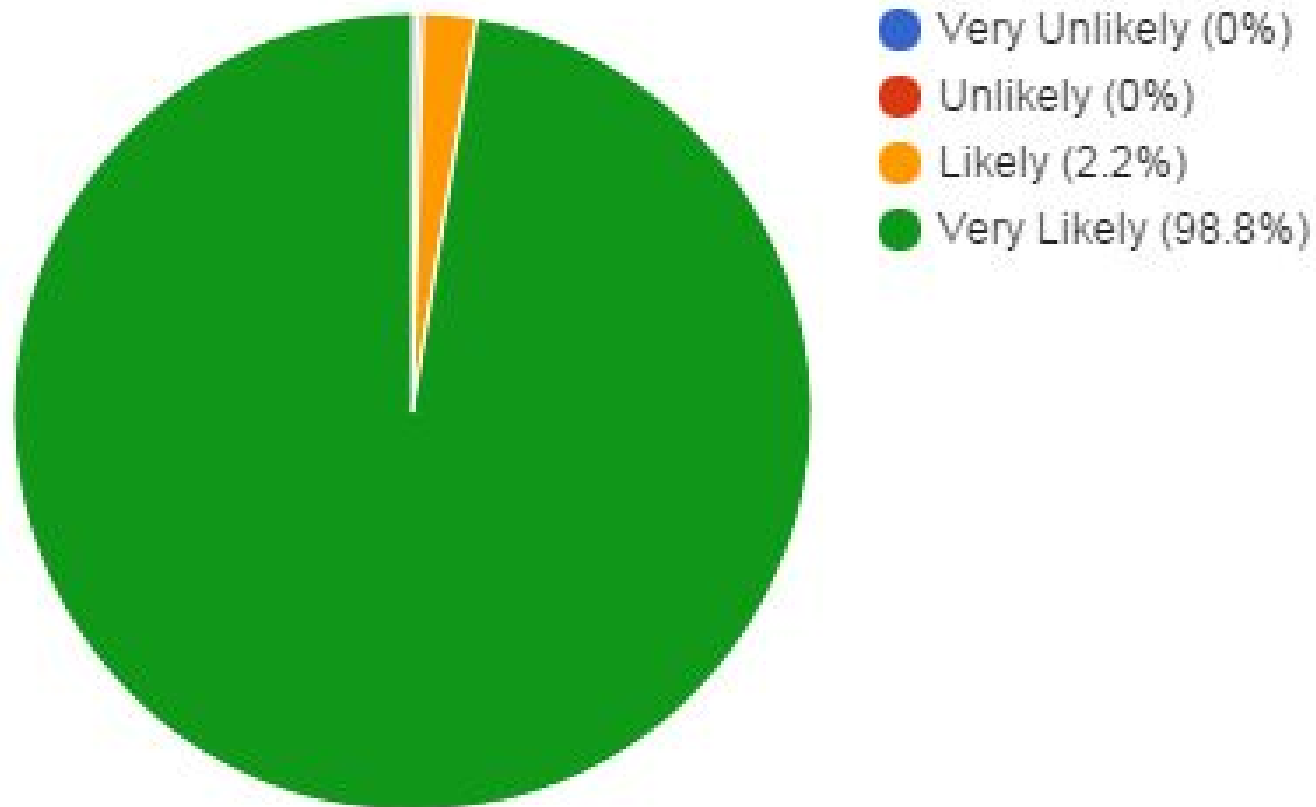




Q.3. Did the 9pm to 1am timing work for you?



Would you come to LNAP in the Winter Term?



# LONG NIGHT AGAINST PROCRASTINATION



RDC  
Library

## Drop-in services:

- research help
- citation help
- writing help
- tech help
- subject tutors

Wed. Mar. 23  
9 PM  
to  
Thu., Mar. 24  
2 AM



RDC LIBRARY PRESENTS...

# LONG NIGHT AGAINST PROCRASTINATION

WED., MARCH 23 @ 9pm  
To THURS., MARCH 24 @ 2am.



#LNAP2016



GET TOGETHER & GET IT DONE!  
LNAP IS THE WINTER TERM  
"STUDY BUZZ" THAT PROVIDES  
STUDY SPACE, SERVICES, AND  
STRESS RELIEF. "

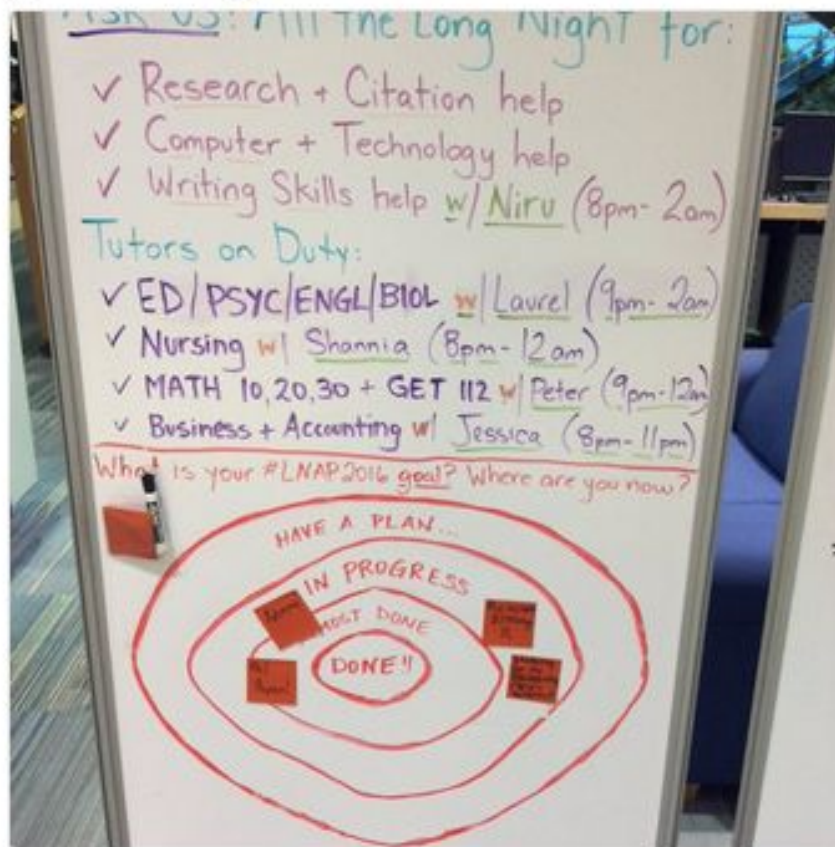
Need a break?  
Check out the  
Stress-Free Zone  
(by the photocopier)

- games
- cards + letter-writing
- origami
- colouring books

(healthy!)  
Coffee + snacks  
courtesy of the  
RDC Students'  
Association ☺  
Treats courtesy  
of a "friend of  
RDC Library"



Whip those assignments into shape at RDC library's #LNAP2016! Tutors? We got 'em! #MyRDC





RDC Library @rdclibrary · Mar 23

Tonight's the night for [#LNAP2016](#) - we stay open until 2am! Get your work done before the long weekend. [#myRDC](#)

I'm well on my way to getting absolutely nothing done today.



someecards  
user card



3



3







RDC Library @rdclibrary · Mar 23

Thx @SARDC for the healthy snacks & beverages for tonight's Long Night Against Procrastination. #myRDC #LNAP2016





RDC Library @rdclibrary · Mar 23

Coffee and snacks! Come get a cuppa  
courtesy [@SARDC](#) for Long Night  
Against Procrastination! [#LNAP](#) [#rdc](#)





RDC Library @rdclibrary · Mar 23

We remember this guy! He is here to "crush it" again! Go, guy, go! [#LNAP2016](#)  
[#MyRDC](#)



1



2





RDC Library @rdclibrary · Mar 23

Even our librarians are taking advantage of our late hours tonight to get stuff done!  
[#LNAP2016](#) [#myRDC](#)

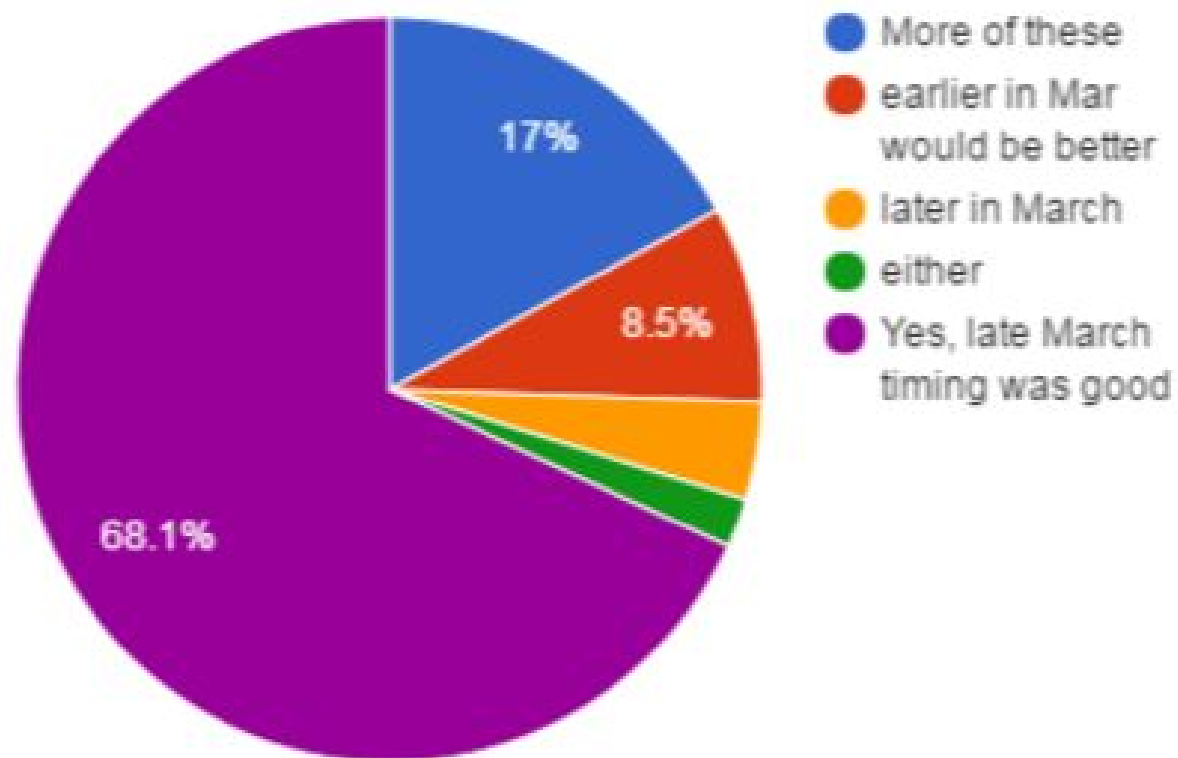


Head counts during LNAP (quite similar to the Fall event, almost identical at 12:20am):

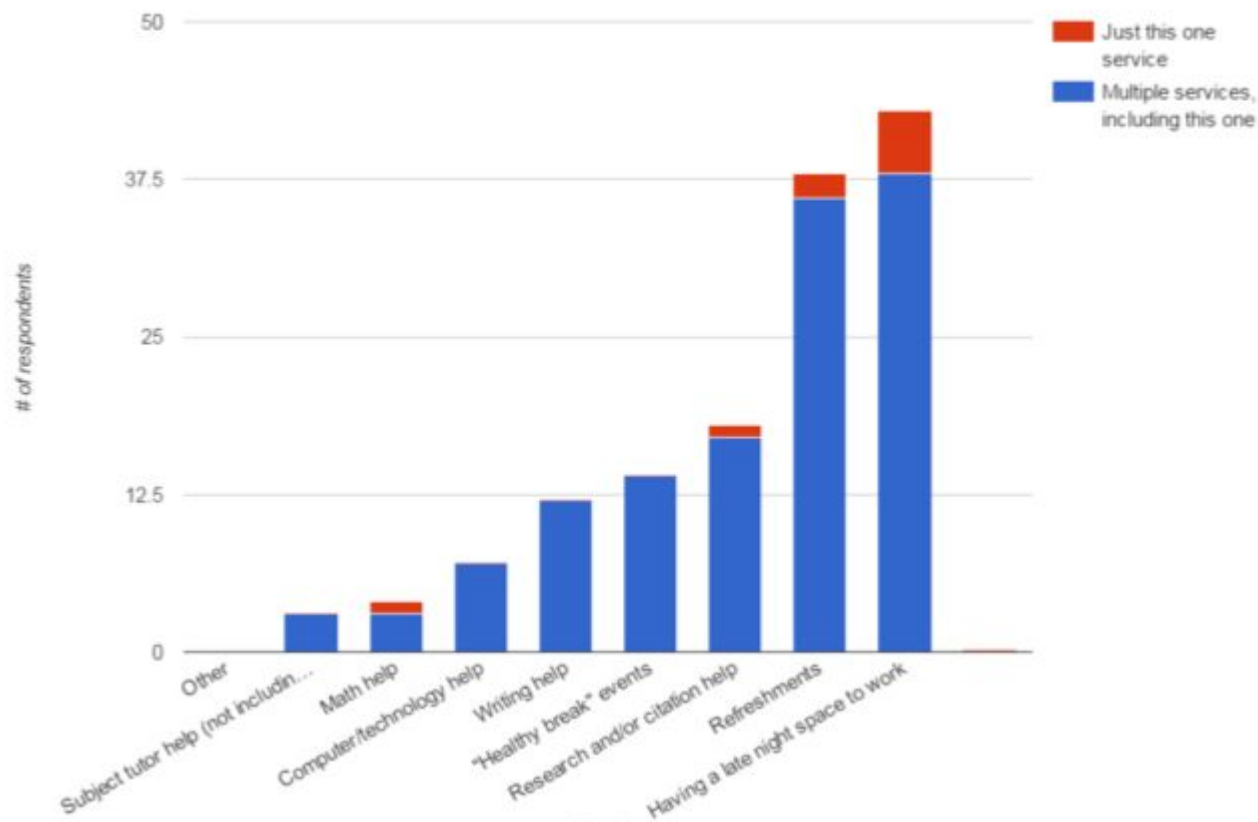
3/23/2016 16:31:24	145
3/23/2016 17:22:25	131
3/23/2016 19:17:50	144
3/23/2016 20:19:34	137
3/23/2016 21:22:11	135
3/23/2016 22:24:24	138
3/23/2016 23:25:20	120
3/24/2016 0:18:26	82
3/24/2016 1:23:36	35



Q.2. Did the timing within the term work for you?



#### Q.4. What services are most important to you at LNAP?



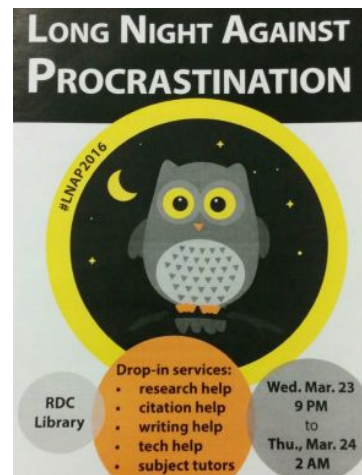
# Long Night Against Procrastination

Wed., March 23, 9 PM until Thu., Mar. 24, 2 AM

Get together and get it done! RDC Library is pleased to host a Long Night Against Procrastination, a nation-wide “study blitz” event that provides supported after-hours study space, services, and stress relief. Meet and beat deadlines!

## Drop-in services

- research help
- citation help
- tech help
- writing help
- subject tutors\*:
  - accounting
  - biology
  - business
  - communications





RDC Library @rdclibrary · 25 Nov 2015

#Origami? We have that at the library!  
#LNAP2015 #myRDC



Thank you!

Yvonne Phillips  
Red Deer College Library  
yvonne.phillips@rdc.ab.ca